Do you have an infection? Could it be SEPSIS?

WHS Humber Health Partnership

What is SEPSIS?

Sepsis is a very serious illness. It happens when your body has an infection, and your immune system overreacts, or struggles to fight the infection.

This can make your organs (like your heart, lungs, kidneys, or brain) stop working properly.

If sepsis is not found and treated quickly, it can be life-threatening.



Any infection in the body, like a chest infection, a urine infection, a sore or wound, or even a tummy bug, can lead to sepsis.

Bacteria causes most cases of sepsis, but it can also be caused by viruses (like flu or COVID-19), and sometimes by fungi or parasites (like malaria).

What if I think it's SEPSIS?

Seek help from a medical professional NOW! Follow the instructions in the sepsis symptom checker.

Use the SEPSIS symptom checker now

Use your phone camera to scan a QR code below. Select the link on your phone to read the signs and symptoms of SEPSIS.





Send and save this symptom checker to your phone





