

Face to face events

NHS Pharmacy First: Clinical assessment and examination skills full-day workshop

This face to face workshop will help participants develop the skills and confidence to undertake a structured-person centred approach to clinical history taking and develop their skills in undertaking safe and effective consultations as part of the Pharmacy First service. Led by a medic trainer we will have the opportunity to practice a range of clinical examination skills focused on ear, nose and throat.

Workshop duration: full day 09:30-17:00

Suitable for Pharmacists and trainee pharmacists

Leeds 28th April 2025

Stockton-on-Tees 3rd July 2025

Click [here](#) to book your place.

NHS Pharmacy Contraception Service: delivering effective consultations to initiate contraception – face to face workshop

This workshop will support you in shared decision making with people who are starting, restarting of changing contraception within the NHS Pharmacy Contraception Service. You will have the opportunity to work with your colleagues and discuss patient scenarios and consider how you could support people to reach a decision on appropriate contraception. We will also hear from a local community pharmacist who has experience in delivering this service and will be providing a brief presentation. The workshop is complemented by [post-workshop discussion webinars](#)

Workshop duration: 2 hours.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Newcastle 18th June 2025

Leeds 6th July 2025

Click [here](#) to book your place

Pharmacy First online events

NHS Pharmacy First online

This workshop will support you to develop the knowledge, skills and confidence needed to undertake effective consultations, communications and clinical assessments in order to provide the NHS Pharmacy First service.

Workshop duration: 4 hours.

Suitable for Pharmacists and trainee pharmacists

Click [here](#) to book your place.

Prescribing, academic writing and reflective practice

Preparing to train as an Independent prescriber online workshop

Preparing to train as an independent prescriber is open to pharmacists from all sectors of practice, including community pharmacists who are planning to commence their independent prescriber training with a Higher Education Institute (HEI). Booking a place on this workshop also gives you access to an e-course to help build your skills and confidence ready to start your prescribing programme.

Click [here](#) to book your place.

Reflective practice online workshop – pharmacy technicians only

This workshop provides the opportunity for you to work with other pharmacy technicians to develop your understanding of how reflection and reflective practice can help you to offer better care to your patients. You will also have the chance to learn more about a range of reflective models and use peer support to enable your own critical reflection and development

Workshop duration: 2 hours.

Suitable for pharmacy technicians in any area of practice.

Click [here](#) to book your place.

Academic writing and reflective practice

This workshop is open to all pharmacy professionals who wish to improve their ability to demonstrate competence in the skills required for learning at Higher Education Institutes (HEIs) level 7 (Master's degree). It is an optional part of the preparing to train as an independent prescriber programme. The aim of this programme is to support you to gain more confidence in academic writing and reflection in preparation for your HEI course such as independent prescribing or another Master's level course.

Workshop duration: 2 hours.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click [here](#) to book your place.

Online workshops core events

Emergency Contraception online workshop

This workshop will enable you to provide high-quality emergency contraception services as part of your pharmacy practice. It is an opportunity to hear from a guest speaker about contraception and sexual health.

Workshop duration: 2 hours.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click [here](#) to book your place.

Hypertension online workshop

This workshop will help you to interpret and apply clinical guidance to support people with hypertension. You will consider how to optimise treatment and use a shared decision-making approach to empower people with hypertension to self-manage their condition.

Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click [here](#) to book your place.

Atrial Fibrillation: improve detection and person-centred care online workshop

This workshop will enable you to improve the detection of atrial fibrillation in your role and provide person-centred care to support people with atrial fibrillation to self-manage their condition.

Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click [here](#) to book your place.

Type 2 Diabetes: supporting people better online workshop

This workshop will enable you to better support people with type 2 diabetes by applying the principles of the NICE guidance (NG28) into your practice. The workshop provides opportunities to discuss how these changes can positively support patient care.

Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click [here](#) to book your place.

Familial hypercholesterolaemia: supporting people better online workshop

This workshop will give you an understanding of familial hypercholesterolaemia (FH) and its identification and management. It will help you to improve care for people with known FH and identify people who are not yet diagnosed, supporting them to make informed decisions about their condition.

Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click [here](#) to book your place.

Valproate: the hard conversations online workshop

This workshop will help you to manage the risks associated with valproate. It will cover person-centred approaches to conversations about risks of valproate use in pregnancy and the need for effective contraception.

Workshop duration: 1 hours and 45 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click [here](#) to book your place.

Supporting people living with dementia online workshop

This programme will develop your knowledge and skills to enable you to recognise, manage and optimise care for people living with dementia and their carers.

Workshop duration: 2 hours 30 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click [here](#) to book your place.

Supporting people living with frailty

This workshop provides an introduction to supporting people living with frailty. It will help you to describe what frailty means, recognise people living with frailty and offer them appropriate support.

Workshop duration: 2 hours.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click [here](#) to book your place

Neurology in primary care online workshop

This workshop, supported by a guest speaker, covers the pharmaceutical management of several long-term neurological conditions including multiple sclerosis, Parkinson's and Acquired Brain Injury. It will support

you to implement the Enhanced health in care home framework.

Workshop duration: 2 hours 30 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click [here](#) to book your place.

Lewy Body Dementia

This workshop, supported by a guest speaker, will help update your clinical knowledge of Lewy Body Dementia to enable you to optimise the medicines of people living with this condition.

Workshop duration: 2 hours 30minutes

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click [here](#) to book your place.

Mental Capacity Act and covert administration of medicines

This workshop, supported by a guest speaker, will help to develop your knowledge and skills to help you manage and optimise care for people who might lack mental capacity to make a specific decision relating to their medicines at a given point in time.

Workshop duration: 2 hours.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click [here](#) to book your place.

Falls Prevention

This workshop aims to increase your understanding of falls and identify how the pharmacy team can help prevent and support those who have had a fall.

Workshop duration: 2 hours.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click [here](#) to book your place

Deprescribing online workshop

This workshop will help to develop your knowledge and skills to enable you to take a shared approach to the safe and appropriate deprescribing of medicines.

Workshop duration: 2 hours 30 minutes.
Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.
Click [here](#) to book your place.

Deprescribing opioids in people with chronic pain online workshop

This workshop will develop your skills and confidence to support people living with chronic pain. You will consider the safe and effective use of medicines, focusing on opioids, and how to use a person-centred approach to empower people to live well with pain.
Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.
Click [here](#) to book your place.

COPD online workshop

This workshop will enable you to interpret and apply clinical guidance to support people living with COPD. You will consider how to optimise treatment and use a person-centred approach to empower people living with COPD to self-manage their condition.

Workshop duration: 1 hour 45 minutes.
Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.
Click [here](#) to book your place.

Asthma – optimising adherence to medicines online workshop

This workshop will develop your skills and confidence to support people to optimise their adherence to medicines in asthma. You will consider how to identify non-adherence, the different types of non-adherence and how to use a person-centred approach to optimise adherence through personalised interventions.

Workshop duration: 1 hour 45 minutes.
Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.
Click [here](#) to book your place.

Medicines Reconciliation in transfer of care online workshop

This workshop will support pharmacy professionals to undertake medicines reconciliation as part of an integrated care system with a focus on safe transfer of care.

Workshop duration: 1 hour 45 minutes.
Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.
Click [here](#) to book your place.

If you would like to know more or have any questions about CPPE workshops and resources please contact Debbie Needham (Yorkshire and Humber) Deborah.needham@cppe.ac.uk or Kristeen Turner (North East) Kristeen.turner@cppe.ac.uk