

ONLINE Workshops November 2023- March 2024 now LIVE for booking !

Free of charge to all registered pharmacy professionals, including pharmacy technicians and trainee pharmacists. You can book by clicking on the links below, you will need to log in to the CPPE website to complete your bookings.

****BRAND NEW** Atrial Fibrillation online workshop** will help you to identify people with AF and raise awareness about the condition. Using a shared decision-making approach and applying NICE clinical guidelines to optimise medication and support people living with AF to make lifestyle changes to reduce modifiable risk factors and prevent further complications associated with the condition.

4 th January 2024	Chris Bonsell & Kristeen Turner	https://www.cppe.ac.uk/store/checkout?e=58128
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Falls prevention online workshop– join CPPE tutors and a guest speaker with expertise in this subject, to refresh your knowledge and find out what actions you and your team can take to identify the factors that contribute to the increased risk of falls, identify people at risk of falls and provide solutions to reduce this risk through lifestyle and medicine interventions. Events facilitated by NE Yorkshire and Humber team, 7-9.15pm:

23 rd January 2024	Kristeen Turner	https://www.cppe.ac.uk/store/checkout?e=58122
13 th February 2024	Kristeen Turner	https://www.cppe.ac.uk/store/checkout?e=58123

Medicines Reconciliation in transfer of care optimise workshop describes how to complete a medicines reconciliation in accordance with national recommendations, will help you identify possible barriers and solutions to medicines reconciliation and explain how medicines reconciliation is important during transfer of care. The events being delivered by our team from 7-8.45pm:

9 th Jan 2024	Amy Lake and Kristeen Turner	https://www.cppe.ac.uk/store/checkout?e=58121
27 th Feb 2024	Kristeen Turner and Jenny Graham	https://www.cppe.ac.uk/store/checkout?e=58124

Familial Hypercholesterolaemia – supporting people better online workshop considers the characteristics of an individual which suggest they may have familial hypercholesterolaemia, onward referral, diagnostic tools, the impact of FH on a persons cardiovascular risk and how to discuss this in a person-centred way and using principles of shared decision making to support people living with FH to optimise their treatment. Join this interactive workshop to discuss ideas and share your experiences. Events facilitated by NE Yorkshire and Humber team, 7-9pm:

22 nd January 2024	Chris Bonsell & Victoria Walker	https://www.cppe.ac.uk/store/checkout.asp?e=58129
14 th March 2024	Jenny Graham & Matt Auckland	https://www.cppe.ac.uk/store/checkout.asp?e=58222

****NEW**Supporting people living with frailty online workshop** will help pharmacy professionals working in any setting recognise how frailty can have an impact on a person's health outcomes, identify early interventions to delay deterioration, use appropriate tools to assess a person's medicines and frailty, as well as starting conversations with a person or their carers about frailty and how they can be supported to achieve their goals. Events facilitated by NE Yorkshire and Humber team, 7-9pm:

25 th March 2024	Karen Stone and Chris Bonsell	https://www.cppe.ac.uk/store/checkout.asp?e=58099
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If you would like to know more about how CPPE can support, you and your teams please contact
Debbie Needham Regional Tutor Yorkshire and Humber Deborah.needham@cppe.ac.uk
Kristeen Turner Regional Tutor Northeast Kristeen.turner@cppe.ac.uk



Online Workshops & NEW resources December 23 update

Opioid deprescribing in chronic pain online workshop considers the safe and effective use of medicines, focusing on opioids, and how to use a person-centred approach to empower people to live well with pain. Events facilitated by NE Yorkshire and Humber team, 7-9pm:

1 st February 2024	Karen Stone & Oliver Fillingham	https://www.cppe.ac.uk/store/checkout.asp?e=58098
21 st February 2024	Katie Denby and Amy Lake	https://www.cppe.ac.uk/store/checkout.asp?e=58305

The Mental Capacity Act and covert administration of medicines online workshop Join an **expert speaker** to develop your knowledge and skills to help you manage and optimise care for patients who might lack mental capacity to make a specific decision relating to their medicines at a given point in time. Events facilitated by NE Yorkshire and Humber team, 7-9.15pm:

22 nd February 2024	Chris Bonsell and Kristeen	https://www.cppe.ac.uk/store/checkout?e=58130
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Medicines Optimisation in care homes: essential skills this workshop aims to support pharmacy professionals working in primary care to develop the knowledge, skills and confidence that are needed to optimise medicines use for people living in care homes. Our CPPE tutors will be joined by a speaker for this interactive workshop. Events facilitated by the NE Yorkshire and Humber team, 14:30-17:00:

22 nd January 2024	Paul Jenks and Matt Auckland	https://www.cppe.ac.uk/store/checkout.asp?e=58126
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Leadership and career development

- **Are you thinking that now is the time to qualify as a prescriber as changes move at pace for pharmacists in all areas of our profession?** Is it a while since you have studied? Would you like to feel calm and confident when you start your prescribing course? Book your place now for our NEW programme: [Preparing to train as an independent prescriber : CPPE](#)
- **Are you a community pharmacy technician?** Do you want to develop your clinical skills so that you can confidently support the Pharmacy First service? Apply now for a limited offer of a FREE place on our brand NEW programme: [Community pharmacy technician: advancing your role : CPPE](#)

Pharmacy First - are you service ready?

No matter what you do or where you work as a pharmacy professional make sure you understand what the new Pharmacy First services mean for you and people using pharmacy services – **links to important resources as well as CPPE learning materials to support your personal development can be found here:** [NHS Pharmacy First service : CPPE](#)

Have you seen? Highlighting NEW online learning resources

- **Just released:** [Dermatology: An introduction to managing common skin conditions : CPPE](#) e-learning – pick your topic or work through them all: Acne, Impetigo, Athletes foot, fungal nail infections, insect bites, shingles.
- **Brand NEW:** [Fundamentals of child health e-course : CPPE](#) includes person centred approach to consulting with children and their carers, common ailments, skin rashes, mental health and well being. Work at your own pace to bridge gaps in your own knowledge.
- **NEW:** [Fundamentals of cardiovascular therapeutics : CPPE](#) includes AF, hypertension, Cholesterol, heart failure, stable angina, acute coronary syndrome – dip in to the bits you need.

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