

ONLINE Workshops November 2023- March 2024 now LIVE for booking !

Free of charge to all registered pharmacy professionals, including pharmacy technicians and trainee pharmacists. You can book by clicking on the links below, you will need to log in to the CPPE website to complete your bookings.

****NEW** Deprescribing online workshop**

This in depth workshop will describe the process of deprescribing and the involvement you can have within your role, explain the importance of involving the person and the multidisciplinary team in the deprescribing process to ensure that the person's perspective and experiences are considered. It will help you to use a stepwise approach to the process of deprescribing, from identification through to reducing or stopping a medicine, incorporating tools that can support the deprescribing process. This workshop runs from 7-9.30pm

20 th March 2024	Annie Sellers & Katie Denby	https://www.cppe.ac.uk/store/checkout?e=58142
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****NEW** Atrial Fibrillation online workshop**

This learning programme will help you to identify people with AF and raise awareness about the condition. Using a shared decision-making approach and applying NICE clinical guidelines the programme will enable you to optimise medication and support people living with AF to make lifestyle changes to reduce modifiable risk factors and prevent further complications associated with the condition. Event runs 7pm to 8:45pm

4 th Jan 2024	Chris Bonsell & Kristeen Turner	https://www.cppe.ac.uk/store/checkout?e=58128
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Falls prevention online workshop— join CPPE tutors and a guest speaker with expertise in this subject, to refresh your knowledge and find out what actions you and your team can take to identify the factors that contribute to the increased risk of falls, identify people at risk of falls and provide solutions to reduce this risk through lifestyle and medicine interventions. Events facilitated by NE Yorkshire and Humber team, 7-9.15pm:

15 th Nov	Matt Auckland & Martin Littleton	https://www.cppe.ac.uk/store/checkout?e=58223
23 rd January 2024	Kristeen Turner	https://www.cppe.ac.uk/store/checkout?e=58122
13 th February 2024	Kristeen Turner	https://www.cppe.ac.uk/store/checkout?e=58123

Medicines Reconciliation in transfer of care optimise workshop describes how to complete a medicines reconciliation in accordance with national recommendations, will help you identify possible barriers and solutions to medicines reconciliation and explain how medicines reconciliation is important during transfer of care the events being delivered by our team from 7-8.45pm:

30 th Nov 2023	Oliver Fillingham & Paul Jenks	https://www.cppe.ac.uk/store/checkout?e=58131
9 th Jan 2024	Amy Lake and Kristeen Turner	https://www.cppe.ac.uk/store/checkout?e=58121
27 th Feb 2024	Kristeen Turner and Jenny Graham	https://www.cppe.ac.uk/store/checkout?e=58124

Familial Hypercholesterolaemia – supporting people better online workshop considers the characteristics of an individual which suggest they may have familial hypercholesterolaemia, onward referral, diagnostic tools, the impact of FH on a person's cardiovascular risk and how to discuss this in a person-centred way and using principles of shared decision making to support people living with FH to optimise their treatment. Join this interactive workshop to discuss ideas and share your experiences. Events facilitated by NE Yorkshire and Humber team, 7-9pm:

22 nd January 2024	Chris Bonsell & Victoria Walker	https://www.cppe.ac.uk/store/checkout.asp?e=58129
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Online and face to face workshops

open for bookings November 23 update

14 th March 2024	Jenny Graham & Matt Auckland	https://www.cppe.ac.uk/store/checkout.asp?e=58222
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****NEW** Supporting people living with frailty online workshop** will help pharmacy professionals working in any setting recognise how frailty can have an impact on a person's health outcomes, identify early interventions to delay deterioration, use appropriate tools to assess a person's medicines and frailty, as well as starting conversations with a person or their carers about frailty and how they can be supported to achieve their goals. Events facilitated by NE Yorkshire and Humber team, 7-9pm:

25 th March 2024	Karen Stone and Chris Bonsell	https://www.cppe.ac.uk/store/checkout.asp?e=58099
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Opioid deprescribing in chronic pain online workshop considers the safe and effective use of medicines, focusing on opioids, and how to use a person-centred approach to empower people to live well with pain. Events facilitated by NE Yorkshire and Humber team, 7-9pm:

5 th Dec 2023	Kristeen Turner & Martin Littleton	https://www.cppe.ac.uk/store/checkout?e=58120
1 st February 2024	Karen Stone & Oliver Fillingham	https://www.cppe.ac.uk/store/checkout.asp?e=58098
21 st February 2024	Katie Denby and Amy Lake	https://www.cppe.ac.uk/store/checkout.asp?e=58305

The Mental Capacity Act and covert administration of medicines online workshop Join an **expert speaker** to develop your knowledge and skills to help you manage and optimise care for patients who might lack mental capacity to make a specific decision relating to their medicines at a given point in time. Events facilitated by NE Yorkshire and Humber team, 7-9.15pm:

29 th Nov 2023	Katie Denby & Victoria Walker	https://www.cppe.ac.uk/store/checkout?e=58281
22 nd Feb 2024	Chris Bonsell & Kristeen Turner	https://www.cppe.ac.uk/store/checkout?e=58130

Medicines Optimisation in care homes: essential skills this workshop aims to support pharmacy professionals working in primary care to develop the knowledge, skills and confidence that are needed to optimise medicines use for people living in care homes. Our CPPE tutors will be joined by a speaker for this interactive workshop. Events facilitated by the NE Yorkshire and Humber team, 14:30-17:00:

22 nd January 2024	Paul Jenks and Matt Auckland	https://www.cppe.ac.uk/store/checkout.asp?e=58126
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Face to Face: Optimising inhaler technique workshop Wednesday 20th March 7-9pm Holiday Inn, Hull Marina. A chance to demonstrate your role as a healthcare professional in optimising the correct use of inhaled medicines. This practical workshop gives you the chance to get "hands on" with a large range of inhaler devices and feel more confident in describing and demonstrating them. Join Debbie Needham and your colleagues – book here: <https://www.cppe.ac.uk/store/checkout?e=58418>

If you would like more information about CPPE resources or how we can help you support your development and that of your team please contact me for an informal chat Deborah.needham@cppe.ac.uk.

www.cppe.ac.uk



If you would like to know more about how CPPE can support, you and your teams please contact
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