

### \*\*Brand new Spring workshops now open for bookings\*\*

The following online and face to face workshops which are being hosted by tutors from our NE, Yorkshire and Humber team are **now open for booking through to end of July 2023**. Free of charge to all registered pharmacy professionals, including pharmacy technicians and trainee pharmacists. You can book by clicking on the links below, you will need to log in to the CPPE website to complete your bookings.

### Did you know we now have face to face workshops available?

Our "hands-on" **Optimising inhaler technique – improving outcomes** is back! Join Matt Auckland at the Mercure Sheffield Parkway Hotel Rotherham on **28<sup>th</sup> February 7-9pm** to hone your inhaler skills. <u>Matt Auckland face to face inhaler technique workshop</u>

**Face to face consultation skills full day workshop** One of the GPhC standards for this years revalidation is person centred care – how confident are you that your conversations with patients are person centred? Book to join Paul Jenks and Debbie Needham at **The Met Hotel in Leeds on 6<sup>th</sup> March** for the day to test and improve your **Consultation skills** in a safe and supportive environment. <u>Paul and Debbie consultation skills face</u>

to face full day event

### **Online workshops LIVE for booking**

**\*\*BRAND NEW\*Medicines Reconciliation in transfer of care online workshop** describes how to complete a medicines reconciliation in accordance with national recommendations, will help you identify possible barriers and solutions to medicines reconciliation and explain how medicines reconciliation is important during transfer of care. Join this interactive workshop to discuss ideas and share your experiences. Events facilitated by NE Yorkshire and Humber team, 7-9pm:

26 <sup>th</sup> April	Paul Jenks & Katie Denby	https://www.cppe.ac.uk/store/checkout?e=56946
24 <sup>th</sup> May	Chris Bonsell & Debbie Needham	https://www.cppe.ac.uk/store/checkout?e=56971
8 <sup>th</sup> June	Kristeen Turner & Jenny Graham	https://www.cppe.ac.uk/store/checkout?e=56922
12 <sup>th</sup> June	Paul Jenks & Maria Derrig	https://www.cppe.ac.uk/store/checkout?e=56947

**\*\*BRAND NEW\*\*Familial Hypercholesterolaemia online workshop** considers the characteristics of an individual which suggest they may have familial hypercholesterolaemia, onward referral, diagnostic tools, the impact of FH on a persons cardiovascular risk and how to discuss this in a

person-centred way and using principles of shared decision making to support people living with FH to optimise their treatment. Join this interactive workshop to discuss ideas and share your experiences. Events facilitated by NE York-shire and Humber team, 7-9pm:

**CPPE Hypertension online workshop** will help you to apply NICE clinical guidance in practice to support the initiation and optimisation of therapy for people with hypertension. It will also explore how you can apply the principles of Shared Decision Making to encourage and support people to monitor and manage their hypertension. Events facilitated by NE Yorkshire and Humber team, 7-9pm:

3 <sup>rd</sup> May	Chris Bonsell & Kristeen Turner	https://www.cppe.ac.uk/store/checkout?e=56970
6 <sup>th</sup> June	Oliver Fillingham & Debbie Needham	https://www.cppe.ac.uk/store/checkout?e=56900

**CPPE Workshops update February 23** 

# **Type 2 diabetes: supporting people better online workshop** The workshop provides an opportunity to discuss with colleagues how NICE guideline 28 can positively support patient care; update your knowledge of the management of type 2 diabetes in line with new NICE guidance, help you and your patients to better manage this condition, including reducing complications and improving outcomes for people with type 2 diabetes. Events facilitated by NE Yorkshire and Humber team, 7-9pm:

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**CENTRE FOR PHARMACY** 

POSTGRADUATE EDUCATION

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25 <sup>th</sup> May	Jenny Graham & Debbie Needham	https://www.cppe.ac.uk/store/checkout?e=56894

**Opioid deprescribing in chronic pain online workshop** considers the safe and effective use of medicines, focusing on opioids, and how to use a person-centred approach to empower people to live well with pain. Events facilitated by NE Yorkshire and Humber team, 7-9pm:

22 <sup>nd</sup> March	Oliver Fillingham & Chris Bonsell	https://www.cppe.ac.uk/store/checkout?e=55440
30 <sup>th</sup> March	Karen Stone & Matt Auckland	https://www.cppe.ac.uk/store/checkout?e=55495
18 <sup>th</sup> May	Kristeen Turner & Debbie Needham	https://www.cppe.ac.uk/store/checkout?e=56919
21 <sup>st</sup> June	Kristeen Turner & Katie Denby	https://www.cppe.ac.uk/store/checkout?e=56920

**The Mental Capacity Act and covert administration of medicines online workshop** Join an expert speaker to develop your knowledge and skills to help you manage and optimise care for patients who might lack mental capacity to make a specific decision relating to their medicines at a given point in time. Events facilitated by NE Yorkshire and Humber team,7-9.15pm:

20 <sup>th</sup> March	Katie Denby & Kristeen Turner	https://www.cppe.ac.uk/store/checkout?e=55444
20 <sup>th</sup> June	Matt Auckland & Debbie Needham	https://www.cppe.ac.uk/store/checkout?e=56976

**Falls prevention** – with the help of an expert refresh your knowledge and find out what actions you and your team can take to identify the factors that contribute to the increased risk of falls, identify people at risk of falls and provide solutions to reduce this risk through lifestyle and medicine interventions. Events facilitated by NE Yorkshire and Humber team, 7-9.15pm:

15 <sup>th</sup> March	Sue Weatherhead & Maxine Brown	https://www.cppe.ac.uk/store/checkout?e=55679
10 <sup>th</sup> May	Katie Denby & Karen Stone	https://www.cppe.ac.uk/store/checkout?e=56902
15 <sup>th</sup> June	Chris Bonsell & Annie Sellers	https://www.cppe.ac.uk/store/checkout?e=56972

**Chronic obstructive pulmonary disease (COPD) online workshop** will enable you to interpret and apply clinical guidance to support people living with COPD. You will consider how to optimise their treatment and use a person centred approach to empower people living with COPD to self-manage their condition. Events facilitated by NE Yorkshire and Humber team, 7-9pm:

25 <sup>th</sup> Apri	Oliver Fillingham & Jenny Graham	https://www.cppe.ac.uk/store/checkout?e=56899
27 <sup>th</sup> June	Kristeen Turner & Jenny Graham	https://www.cppe.ac.uk/store/checkout?e=56921

### DAYTIME ONLINE EVENTS

**NHS Community Pharmacist Consultation service (CPCS) essential skills online workshop** will support pharmacists to develop the knowledge, skills and confidence needed to undertake effective consultations, communications and clinical assessments in order to provide the NHS community pharmacist consultation service (NHS CPCS). Event facilitated by NE Yorkshire & Humber team:

23rd April 9.30am -12:45	Kristeen Turner & Karen	https://www.cppe.ac.uk/store/checkout?e=56918
	Stone	

## CPPE Workshops update February 23



**Medicines optimisation in care homes essential skills online workshop** is designed to support pharmacy professionals to develop the knowledge, skills and confidence that are needed to implement strategies to optimise medicines use for people living in care homes.

9 <sup>th</sup> May 1.30pm – 4pm	Matt Auckland & Kristeen	https://www.cppe.ac.uk/store/checkout?e=56975
	Turner	

If you have any questions or would just like to find out more about different CPPE materials to support your companies, teams or your own CPD please contact me, Debbie Needham at <u>deborah.needham@cppe.ac.uk</u>