

Site	Possible condition	Included in MAS	Ages where Meds are available through MAS		
			Adult	Child	Under 2yrs
Bowel	Constipation (adults only)	Yes	Yes	X	X
	Diarrhoea (clients aged over 1 year)	Yes	Yes	Yes	Yes
Ear	Ear Wax (causing discomfort / hearing loss / if view of eardrum needed]	Yes	Yes	Yes	Yes
Eye	Bacterial Conjunctivitis (antibiotics drops clients aged over 2 years, excludes pregnancy)	Yes	Yes	Yes	X
	Dry Eyes (clients aged over 10 years)	Yes	Yes	Yes	X
	Hay fever (clients aged over 2 year)	Yes	Yes	Yes	X
Feet	Athlete's Foot: Itching, flaking, soggy, cracked, red, inflamed peeling skin between the toes. (excludes diabetic & immunocompromised)	Yes	Yes	Yes	Yes
	Verrucae	Yes	Yes	Yes	Yes
Groin	Haemorrhoids - Piles (clients aged over 18 years only, excludes pregnant)	Yes	Yes	X	X
	Nappy Rash (exclude ulcerated or infected skin)	Yes	N/A	Yes	Yes
	Worms - Threadworms (clients aged over 2 years, exclude pregnant or breastfeeding)	Yes	Yes	Yes	X
	Thrush - Vaginal (excludes pregnancy & clients aged under 16 years and over 60 years )	Yes	Yes	X	X
Lips	Cold Sores (excludes pregnant and immunocompromised)	Yes	Yes	Yes	Yes
Mouth	Cough (Clients aged over 1 year only)	Yes	Yes	Yes	Yes
	Mouth Ulcers	Yes	Yes	Yes	Yes
	Mouth pain/ blistering (clients over 12 years of age only)	Yes	Yes	Yes	No
	Sore Throat	Yes	Yes	Yes	Yes
	Teething (clients aged 3-36 months only)	Yes	N/A	Yes	Yes
	Thrush - oral (clients over 4 months only, exclude pregnant or breastfeeding)	Yes	Yes	Yes	Yes
Nose	Nasal Congestion / cold	Yes	Yes	Yes	Yes
	Hay fever (clients aged over 2 year)	Yes	Yes	Yes	No
Pain/ fever	Headache, earache, general pain in Children	Yes	N/A	Yes	Yes
	Headache, earache, general pain in Adults	Yes	Yes	Yes	Yes
	Prevention of fever after vaccination (Clients 2 months and above) (to prevent raised temperature after vaccination)	Yes	X	X	Yes
Scalp	Dandruff (adults, elderly and adolescents only)	Yes	Yes	Yes	X
	Head Lice (clients aged over 6 months)	Yes	Yes	Yes	Yes
Skin	Acne/ spots/ Pimples	Yes	Yes	Yes	X
	Dry/ itchy skin / contact dermatitis (some products age dependent and not suitable for use on face or anogenital area)	Yes	Yes	Yes	Yes
	Insect bites and stings (clients aged over 1 month)	Yes	Yes	Yes	Yes
	Warts and Verrucae (exclude if on face, anogenital or large area)	Yes	Yes	Yes	Yes
Stomach	Indigestion/ heartburn/ tummy upset (clients aged 12 years and above)	Yes	Yes	Yes	X
<b>Morning after pill (Emergency Hormonal Contraceptive) - Free of charge through selected pharmacies – no age restrictions; also available to purchase OTC (exclusions may apply)</b>			Yes	Yes	X

**Inclusion Criteria in the Minor Ailments Scheme clients must be:**

- Registered with a North East Lincolnshire GP
- Exempt from prescription charges
- Suffering from one of the selected conditions included in the scheme [**Included in MAS – Yes in column**]
- Provide the following details in the pharmacy:  
Name of their GP practice; evidence that they don't pay for prescriptions; evidence of their identity; NHS number

Everyone can go to their pharmacy for free advice or to buy medicines for **any** minor illness. The **Minor Ailments scheme** is a "stepping stone" towards the "Self-Care" approach to healthcare.

**Pharmacies providing the Minor Ailment Service as at Sept 2018:**

<b>ODS</b>	<b>Pharmacy Name</b>	<b>Address 1</b>	<b>Address 2</b>	<b>Town</b>	<b>Postcode</b>
FA419	Cohens Chemist	Freshney Green Primary Care Centre	Sorrell Road	Grimsby	DN34 4GB
FC797	Periville Chemist	9 Wingate Parade	The Willows	Grimsby	DN37 9DR
FC890	Cottingham Chemists	342 Wellington Street		Grimsby	DN32 7JR
FCE49	Old Clee Medical Centre	323a Grimsby Road		Cleethorpes	DN35 7ES
FD190	Wybers Road Pharmacy	324 St Nicholas Drive	Wybers Wood	Grimsby	DN37 9SF
FD193	Lloyds Pharmacy	8 Caistor Road, Laceby		Grimsby	DN37 7HX
FD897	Boots Pharmacy	43 Friargate	Freshney Place	Grimsby	DN31 1EL
FE995	Birmingham Chemist	Cleethorpes Prim Care Ctr	St Hughes Avenue	Cleethorpes	DN35 8EB
FF575	Periville Chemist	Cromwell Primary Care Ctr	Cromwell Road	Grimsby	DN31 2BH
FFK96	Healing Pharmacy	101-103 Station Road	Healing	Grimsby	DN41 7RB
FFX63	Birkwood Pharmacy	Birkwood Primary Care Centre	Westwood Ho	Grimsby	DN34 5EN
FG710	Day Lewis Pharmacy	14-16 St Peter's Avenue		Cleethorpes	DN35 8HL
FGC04	Tesco Pharmacy	Tesco In-Store Pharmacy	Hewitts Avenue	Cleethorpes	DN35 9QR
FGC59	Cohens Chemist	132 Chelmsford Avenue		Grimsby	DN34 5DA
FGW79	Tesco Pharmacy	Market Street		Grimsby	DN31 1QS
FHE56	Lloyds Pharmacy	208 Littlecoates Road		Grimsby	DN34 5SU
FJ011	Lloyds Pharmacy	Raj Medical Centre	Laceby Road	Grimsby	DN34 5LP
FJE54	Lloyds Pharmacy	18-20 Kennedy Way		Immingham	DN40 2AE
FJX84	Cleethorpes Pharmacy	121 Grimsby Road		Cleethorpes	DN35 7DG
FLV73	Boots Pharmacy	Churchview Health Centre	Cartergate	Grimsby	DN31 1QZ
FM438	Cottingham Pharmacy	41 High Street	Waltham	Grimsby	DN37 0LJ
FM640	Lloyds Pharmacy	Stirling Medical Centre	Stirling Street	Grimsby	DN31 3AE
FN494	Boots Pharmacy	55 Freeman Street		Grimsby	DN32 7AE
FNR70	Lloyds Pharmacy	Sainsbury's Store	Corporation Road	Grimsby	DN31 1UF
FQK71	Day Lewis Pharmacy	The Springfield Centre	Springfield Road	Grimsby	DN33 3JE
FQK73	Lloyds Pharmacy	Pilgrim Primary Care Ctr	Pelham Road	Immingham	DN40 1JW
FQR49	Sandringham Road Pharmacy	36 Sandringham Road		Cleethorpes	DN35 9HB
FR221	Lloyds Pharmacy	Unit 1-2 Greengables	Station Road, New Waltham	Grimsby	DN36 4YE
FW062	Lloyds Pharmacy	53-55 Fieldhouse Road	Humberston	Grimsby	DN36 4UJ
FX882	Alliance Pharmacy	63-67 St Peters Avenue		Cleethorpes	DN35 8HF
FXC13	Asda Pharmacy	Asda Superstore	Holles Street	Grimsby	DN32 9DL
FYV42	Periville Chemist	Weelsby View Health Centre	Ladysmith Road	Grimsby	DN32 9SW