

A summary of Public Health England’s Local Health and Care Planning: Menu of preventative interventions

Considerations in relation to the Humber LPC Work plan and the STP Commissioning for Value ‘where to look pack’

Document outlines:

Evidence based, preventative interventions with the potential to deliver savings to NHS within 5 years

- Improve health and wellbeing
- Save money

The 14 topic areas are identified in the menu of preventative interventions document:

Alcohol ***	Tobacco ***
Diet & obesity **	<i>Health & work : NOT CONSIDERED BY PSNC:</i>
CVD secondary prevention ***	Diabetes **
<i>Falls & musculoskeletal health : NOT CONSIDERED BY PSNC</i>	Physical activity **
Mental health **	Sexual health ***
Healthy ageing, dementia & frailty **	Maternity & early years: <i>NOT CONSIDERED BY PSNC</i>
Drugs *	Antimicrobial resistance *

*** Key areas which ‘fit within community pharmacy as per PSNC analysis of the document are indicated in the table below. I have indicated possible action areas to consider for Humber LPC work plan, **although these suggestions need to be considered alongside the local STP proposals.**

Topic Area: Aims	Current Pharmacy provision	Ideas for consideration and inclusion in the Work plan	Existing Opportunities identified / under discussion and requiring inclusion within work plan
Alcohol:			
Tackling the poor understanding of alcohol-related health risks among patients:			
Increasing screening of patients (using Audit-C scratch cards) Brief advice on alcohol consumption to cover potential harm.	No current service	HLP Seek funding for a stand-alone service: ‘alcohol – identification and brief advice ‘(IBA)	
Effective delivery within NHS Health Checks; <ul style="list-style-type: none"> ● Brief advice ● Referral for specialist treatment where relevant. 	NHS Health checks: Hull and ER areas: Maintain and expand service	Introduce NHS Healthchecks into <ul style="list-style-type: none"> ● NE Lincs and ● N lincs. 	North Lincolnshire Opportunity: Introduce NHS Health check service across key geographical areas: Requested by NL Council: ADD TO WORK PLAN

Tobacco: local stop smoking service providers in community settings			
Community pharmacy-delivered interventions are effective for smoking cessation	Varenicline / NRT in place for Hull, ERoY. Varenicline in place for North Lincs until 31.8.17	1 HLP: target smoking service contract through HLP sites	
		2 Introduce stop smoking cessation / NRT / Varenicline services for NE Lincs:	<p>North East Lincolnshire Opportunity: Meeting held with NE Lincs council: Keen to progress introduction of PharmOutcomes based e-NRT and Varenicline service: awaiting green light from Director of PH: ADD TO WORKPLAN.</p> <p>North Lincolnshire Opportunity: contract with S4H finishes 31.8.17 Direct commissioning with NL council to follow: ADD TO WORKPLAN</p> <p>North Lincolnshire: Second training event booked for 6.4.17: ADD TO WORKPLAN</p>
Diet and obesity: aim of reducing levels of excess weight among adults and children through increased and improved access to comprehensive weight management pathways across England			
Community pharmacy is a feasible option for weight management interventions.	No current services	HLP Stand-alone service: explore funding / opportunities	
Cardiovascular disease secondary prevention:			
Improved management of hypertension in primary care	No current services	Stand-alone service: explore funding / opportunities: Possibility of a cardiovascular service? The MOI report recognises community pharmacy's potential involvement in this area.	
A higher proportion of patients with hypertension, atrial fibrillation (AF) and familial hypercholesterolemia to be diagnosed and optimally managed , through an enhanced use	NHS health check program Hull: AF test included.	Introduce NHS Healthchecks into NE Lincs and N lincs with AF test included. Stand-alone service: explore	<p>North East Lincolnshire Opportunity: Introduce NHS Health checks across key geographical areas: already requested by NL Council: ADD TO WORK PLAN</p> <p>Two Pharma Companies have offered to assist in AF</p>

	of NHS Health Checks, pharmacies and community settings.		funding / opportunities:	program / training / service development: ADD TO WORKPLAN
	Local authorities commission NHS Health Checks , Clinical Commissioning Groups (CCGs) support providers to increase the offer of NHS Health Checks, testing and risk assessment (being more proactive with deprived groups), particularly via GPs and outreach testing, e.g. pharmacy;	No current services	Enhance current NHS health check services to include management and diagnosis of AF, HT, and HC. (Explore with commissioners/ extra funding with enhanced program).	North Lincolnshire Opportunity: Meeting with North Lincs CCG to discuss this topic (28.3.17) and to discuss LPC input into North Lincs CCG Right Care programme: ADD TO WORKPLAN
	CCGs support primary care to ensure patients receive optimal care and drug treatment where relevant; extend the role of pharmacists in clinical management ; and support patient activation and self-care	No current services	Stand-alone service: explore funding / opportunities:	North Lincolnshire Opportunity: Meeting with North Lincs CCG to discuss this topic (28.3.17) and to discuss LPC input into North Lincs CCG Right Care programme: ADD TO WORKPLAN
	Community pharmacists are listed as a provider who can <ul style="list-style-type: none"> act to reduce the incidence of avoidable AF-related strokes act to improve management for patients with high blood pressure 	No current services	Explore services and funding for: <ul style="list-style-type: none"> Managing hypertension using multiple interventions: <ul style="list-style-type: none"> Develop role of community and GP practice-based pharmacists to monitor and control blood pressure of sub-optimally managed hypertensives. Support adherence to drug regimens Advise on lifestyle change 	North Lincolnshire Opportunity: Meeting with North Lincs CCG to discuss AF topic (28.3.17) and to discuss LPC input into North Lincs CCG Right Care programme: ADD TO WORKPLAN
Diabetes:				
Pharmacy not specifically mentioned in this topic.				
	Evidence shows that pharmacies are able to engage with hard-to-reach groups through NHS Health check program	NHS health check program in place across Hull and ERoY	Introduce NHS Healthchecks into <ul style="list-style-type: none"> NE Lincs and N lincs. 	North Lincolnshire Opportunity: to introduce NHS Healthchecks across key geographical areas: already requested by NL Council: ADD TO WORK PLAN

Physical activity: increase the proportion of people achieving more than 30 minutes moderate activity each week and the proportion undertaking at least 150 minutes per week through brief advice from healthcare professionals			
	No current service (part of NHS health check signposting)	HLP Prescription-linked interventions on major areas of public health concern is part of the Essential Service, promotion of healthy lifestyles.	
Mental health Community pharmacy Not mentioned in this section			
Local pharmacy is often patients' first or only contact with a healthcare professional; pharmacy staff could make a valuable contribution in mental health.	No current service	Explore opportunities with CCG's	
Sexual health: Aim: Reduce increasing rates of sexually transmitted infections (STIs) and improve detection of STIs.			
Ensure : <ul style="list-style-type: none"> ○ good prescribing practice ○ national guidance on the management of STIs in primary care is followed ○ refer those diagnosed with STIs to specialist services including for partner notification 	BBV ERoY linked to NX service. ACT service NEL. EHC service Hull and ERoY	Expand blood-borne virus screening services following analysis of current pilot service. Enhance current sexual health services in Hull, NEL and ERoY to include chlamydia screening and treatment. Introduce sexual health services across all North Lincs pharmacies: Contract with Virgincare in place for two pharmacies until: 30 April 2017. Virgincare keen to expand service provision to include provision of contraception, pregnancy testing, HIV and STI screening.	North Lincolnshire Opportunity: Discussion held directly with NL Council: They have requested the introduction of an 'ACT service' across the area to 'match' the NEL provision: ADD TO WORKPLAN

Healthy ageing, dementia and frailty:			
Aim of reducing the population risk of dementia.			
	Pharmacy teams are listed as a provider who can act to raise public awareness about reducing the risk of dementia	No current service although Quality payment scheme: enhanced Dementia friends numbers and knowledge	Discuss opportunity's with commissioners re: Raise public awareness about reducing the risk of dementia ○ HLP ○ NHS Health check ○ Brief interventions
Drugs:			
Community pharmacy not mentioned in report			
	Identify patients with repeat prescriptions for medicines liable to dependence	Medicines Use Reviews	
	Screening, identifying and treating hepatitis C in the community	BBV ERoY	Service development option for other areas? Discuss with commissioners
Antimicrobial resistance (AMR):			
Community Pharmacy Not mentioned in report			
	Community pharmacy is well placed to raise awareness of antimicrobial resistance and stewardship.	No current services	

Headline opportunity areas for Coast, Humber and Vale



The number in the grey circles below represents how many CCGs within Coast, Humber and Vale share a particular opportunity area out of 6 CCGs within the STP

Spend & Outcomes		Outcomes	Spend
5	Circulation	4	Circulation
5	Gastro-intestinal	4	Gastro-intestinal
4	Neurological	4	Musculoskeletal
3	Cancer	4	Endocrine
3	Respiratory	4	Cancer

Improvement opportunities as per commissioning for value STP pack:

Circulation opportunities relevant to pharmacy:

- Mortality from CVD/ Stroke
- Identification of CVD
- Identification of AF
- High risk Anti-coagulation therapy

Respiratory opportunities relevant to pharmacy:

- Mortality
- Asthma review 12 monthly
- COPD review
- COPD detection/ diagnosis
- COPD prevalence

These headline lists are based on the contributing CCGs which form the STP. The figure in the grey circle represents the number of times each programme appears in each individual CCG headline list. This is simply the number of CCGs in the STP with a common programme as a headline opportunity. It does not factor in the relative scale of each of the opportunities for this ranking. E.g. an STP with six CCGs may have all six CCGs with a cancer spend opportunity totalling £3m. In this example, cancer would rank above respiratory which appears in the list for five CCGs but has a total opportunity of £4m. This can be explored further in the detailed sections of this pack.

Which CCGs in Coast, Humber and Vale - STP share headline opportunity areas?



Spend & Outcomes	Circulation	Scarborough and Ryedale, East Riding of Yorkshire, Vale of York, North Lincolnshire, North East Lincolnshire	CVD /AF initiatives: ERoY, NL, NEL
	Gastro-intestinal	Scarborough and Ryedale, East Riding of Yorkshire, Vale of York, North Lincolnshire, North East Lincolnshire	
	Neurological	Scarborough and Ryedale, East Riding of Yorkshire, Vale of York, Hull	
	Cancer	East Riding of Yorkshire, North East Lincolnshire, Hull	
	Respiratory	East Riding of Yorkshire, North Lincolnshire, Hull	Respiratory initiatives: Hull, ERoY, NL
Outcomes	Circulation	Scarborough and Ryedale, East Riding of Yorkshire, Vale of York, Hull	Improve outcomes CVD /AF initiatives: Hull, ERoY
	Gastro-intestinal	Scarborough and Ryedale, East Riding of Yorkshire, Vale of York, North East Lincolnshire	
	Respiratory	East Riding of Yorkshire, Vale of York, North Lincolnshire, Hull	Improve outcomes: Respiratory initiatives: Hull, NL, ERoY
	Maternity	Scarborough and Ryedale, Vale of York, North Lincolnshire, North East Lincolnshire	
	Endocrine	Scarborough and Ryedale, East Riding of Yorkshire, Vale of York, Hull	Improve outcomes Diabetes initiatives: Hull, ERoY
Spend	Circulation	Scarborough and Ryedale, East Riding of Yorkshire, Vale of York, North Lincolnshire, North East Lincolnshire	Money saving CVD /AF initiatives: ERoY, NEL, NL
	Gastro-intestinal	Scarborough and Ryedale, East Riding of Yorkshire, Vale of York, North Lincolnshire, North East Lincolnshire	
	Musculoskeletal	Scarborough and Ryedale, East Riding of Yorkshire, Vale of York, Hull	
	Endocrine	East Riding of Yorkshire, North Lincolnshire, North East Lincolnshire, Hull	Money saving Diabetes initiatives: Hull, ERoY, NEL, NL.
	Cancer	Scarborough and Ryedale, East Riding of Yorkshire, Hull	

Other opportunities could be considered to assist with:

- Gastro Intestinal initiatives linked to alcohol over use.
- Genitourinary initiatives linked to CKD